

KMCH INSTITUTE OF HEALTH SCIENCES AND RESEARCH

(A unit of Kovai Medical Center and Hospital Ltd. Coimbatore – 641 014)

I MBBS - FOUNDATION COURSE SCHEDULE – AUGUST 2019

WEEK I – 1ST AUGUST TO 3RD AUGUST 2019

Day #	Day / Date	8.00 am - 9.00 am	9.00 am - 10.00 am	10.00 am - 11.00 am	11.00 am - 12.00 noon	12.00 noon - 1.00 pm	2.00 pm - 3.00 pm	3.00 pm - 4.00 pm	
1	01.08.19 Thursday	Course Commencement Ceremony KMCH Auditorium		Tea Break Introduction of Faculty Pre-foundation Assessment Needs Assessment (Language + Computer Skills) Orientation to Foundation Course			Collection of Resource Materials Hostel Formalities Campus Tour		
		Coordinators: Dr. S Jeevithan; Mr. Ramamohan Venue: (Lecture Hall 1)							
2	02.08.19 Friday	KMCH - Vision, Mission; Facilities, Students' Welfare measures	Dean's Address	Overview of MBBS Course	Rules and Regulations of the Institute		Know your peers – Ice Breaking session		
		Dr. Nalla G Palaniswami Chairman, KMCH	Dr. V Kumaran, Dean, KMCH IHSR	Dr. TP Kalanithi, Director, KMCH IHSR	Dr. MG Sridhar, Vice Principal, KMCH IHSR		All Faculty of KMCH IHSR		
		Coordinators: Dr. D Ravichandran; Dr. M Sakthivel Venue: (Lecture Hall 1)							
3	03.08.19 Saturday	IMG / CBME – a Primer	Expectations - Perspectives of the students and the Institute	Role of Doctors in the Society	Introduction to First Year Subjects: Anatomy - Learning from the Dead Physiology - The body as a System Biochemistry - The chemistry of Life Community Medicine - The Big Picture		SPORTS		
		Dr. R Rashmi	Dr. Arun N Palaniswami, Executive Director, KMCH	Dr. D Thavamani, Vice-Chairman, KMCH	Faculty of Anatomy, Physiology, Biochemistry, ComMed				
		Coordinators: Dr. M Vijay Anand; Mrs. M Shobhana Venue: (Lecture Hall 1)							

KMCH INSTITUTE OF HEALTH SCIENCES AND RESEARCH

(A unit of Kovai Medical Center and Hospital Ltd. Coimbatore – 641 014)

I MBBS - FOUNDATION COURSE SCHEDULE – AUGUST 2019

WEEK II – 5TH AUGUST TO 9TH AUGUST 2019

Day #	Day / Date	8.00 am - 9.00 am	9.00 am - 10.00 am	10.00 am - 11.00 am	11.00 am - 12.00 noon	12.00 noon - 1.00 pm	2.00 pm - 3.00 pm	3.00 pm - 4.00 pm
4	05.08.19 Monday	ExpertSpeak - My experiences as a Doctor LH1	Bundles of Energy – Challenge to Harness LH1	Group A - Medico Lingo - a Guide to Medical Terminology (LH1) Group B - Universal Precautions + Biomedical Waste Management (LH2) Group C - Introduction to AETCOM (Biochem Demo Hall)		G1 - First Aid + BLS (LH1) G2 - Immunization (LH2)	Visit to Depts: G3 - Anatomy G4 - Physiology G5 - Biochemistry G1 - Dr. N Selvarajan & Team; G2 - Dr. M Umakanth & Team	
		Dr. Krishnan Swaminathan	Dr. MG Sridhar	Dr. R Vijay Dr. G Kalaiselvi & Team Dr. S Bhuvaneshwari Coordinators: Dr. SR Raajaseharan; Dr. D Geetha Anasuya				
5	06.08.19 Tuesday	ExpertSpeak - My experiences as a Doctor LH1	Principles of Family Practice LH1	Group B - Medico Lingo - a Guide to Medical Terminology (LH1) Group C - Universal Precautions + Biomedical Waste Management (LH2) Group A - Introduction to AETCOM (Biochem Demo Hall)		G5 - First Aid + BLS (LH1) G1 - Immunization (LH2)	Visit to Depts: G2 - Anatomy G3 - Physiology G4 - Biochemistry G5 - Dr. N Selvarajan & Team; G1 - Dr. M Umakanth & Team	
		Dr. Mathew Cherian	Dr. S Usha	Dr. R Vijay Dr. G Kalaiselvi & Team Dr. S Bhuvaneshwari Coordinators: Dr. R Rashmi; Dr. S Sutha				
6	07.08.19 Wednesday	ExpertSpeak - My experiences as a Doctor LH1	Medical Ethics – The Basics LH1	Group C - Medico Lingo - a Guide to Medical Terminology (LH1) Group A - Universal Precautions + Biomedical Waste Management (LH2) Group B - Introduction to AETCOM (Biochem Demo Hall)		G4 - First Aid + BLS (LH1) G5 - Immunization (LH2)	Visit to Depts: G1 - Anatomy G2 - Physiology G3 - Biochemistry G4 - Dr. N Selvarajan & Team; G5 - Dr. M Umakanth & Team	
		Dr. Anbukani Subbian	Dr. Bhuvaneshwari	Dr. R Vijay Dr. G Kalaiselvi & Team Dr. S Bhuvaneshwari Coordinators: Dr. MVP Chowdary; Dr. M Jeya Banu				
7	08.08.19 Thursday	The Doctor-Researcher LH1	The Economics of Health and Health Care LH1	Learning How to Learn – Learning styles, Study Skills and tips for Effective Learning LH1		Medical Ethics - Legal Responsibilities of a Doctor LH1	G3 - First Aid + BLS (LH1) G4 - Immunization (LH2)	Visit to Depts: G5 - Anatomy G1 - Physiology G2 - Biochemistry G3 - Dr. N Selvarajan & Team; G4 - Dr. M Umakanth & Team
		Dr. Krishnan Swaminathan	Dr. Anirudh V Mutalik	Dr. D Ravichandran		Dr. N Hemalatha		
8	09.08.19 Friday	Concept of Health Care Team LH1	Road Sense & Safety - Prevention of Accidents LH1	Fire Safety and Prevention LH1		Medical Ethics - Medical Negligence LH1	G2 - First Aid + BLS (LH1) G3 - Immunization (LH2)	Visit to Depts: G4 - Anatomy G5 - Physiology G1 - Biochemistry G2 - Dr. N Selvarajan & Team; G3 - Dr. M Umakanth & Team
		Dr. S Madhavi, Principal, KMCH Nursing College	Assistant Commissioner, Traffic Police, Coimbatore	Mr. Poomalai, Fire Safety Officer, KMCH		Dr. J Tejas		

Group A - Roll 1 to 50
Group B - Roll 51 - 100
Group C - Roll 101 to 150

G1 - Roll 1 to 30
G2 - Roll 31 to 60
G3 - Roll 61 to 90
G4 - Roll 91 to 120
G5 - Roll 121 to 150

KMCH INSTITUTE OF HEALTH SCIENCES AND RESEARCH

(A unit of Kovai Medical Center and Hospital Ltd. Coimbatore – 641 014)

I MBBS - FOUNDATION COURSE SCHEDULE – AUGUST 2019

WEEK III – 12TH AUGUST TO 17TH AUGUST 2019

Day #	Day / Date	8.00 am - 9.00 am	9.00 am - 10.00 am	10.00 am - 11.00 am	11.00 am - 12.00 noon	12.00 noon - 1.00 pm	2.00 pm - 3.00 pm	3.00 pm - 4.00 pm
	12.08.19 Monday	Eid al-Adha 2019 (Bakrid)						
9	13.08.19 Tuesday	The Economics of Health and Health Care LH1 Dr. Anirudh V Muthalik	Group A - Visit to PHC / ICDS (Field) Group B - Professionalism & Ethics Module 1 (LH1) Group C - Professionalism & Ethics Module 2 (LH2) A - Team ComMed B - Team Pharmacology C - Team Physiology			Student Insights – Why become a Doctor? / If I hadn't joined MBBS LH1 MEU Team Com Med		
Coordinators: Dr. NN Veena; Dr. M Nakkeeran								
10	14.08.19 Wednesday	Healthcare System in India Concept of Primary Health Care LH1 Dr. Sanjay Kumar	Group B - Visit to PHC / ICDS (Field) Group C - Professionalism & Ethics Module 1 (LH1) Group A - Professionalism & Ethics Module 2 (LH2) B - Team ComMed C - Team Pharmacology A - Team Physiology			Students Debate - Views on NEET LH1 MEU Dr. V Kumaran, Dean KMCH IHSR		
Coordinators: Dr. G Kalaiselvi; Mrs K Lincy Juliet								
	15.08.19 Thursday	Independence Day Celebrations						
11	16.08.19 Friday	Evidence Based Medicine LH1 Dr. Arun N Palanisamy, ED, KMCH	Group C - Visit to PHC / ICDS (Field) Group A - Professionalism & Ethics Module 1 (LH1) Group B - Professionalism & Ethics Module 2 (LH2) C - Team ComMed A - Team Pharmacology B - Team Physiology			Student Insights – Why Violence against Doctors? LH1 MEU Team Forensic Medicine		
Coordinators: Dr. Someshwaran R; Dr. G Aishwarya								
12	17.08.19 Saturday	E-learning - Opportunities, Challenges LH1 Dr. Anirudh V Muthalik	Gender Sensitivity LH1 Dr. Hemalatha	Salutogenesis – A Relook at our approach to Health LH1 Dr. R Kathiravan	Communication Skills – Group Activity LH1 Faculty of Anatomy		Fire Safety - Precautions, Prevention and Plan of Action LH1 Mr. Poomaalai, Fire Safety Officer, KMCH	
Coordinators: Dr. N Hemalatha; Dr. A Vijayamathy								

P&E 1 – Concept of Professionalism and Ethics, Professional & Altruistic Behaviour

P&E 2 – Interpersonal Relationships, Working as a Team

Group A - Roll 1 to 50
Group B - Roll 51 - 100
Group C - Roll 101 to 150

KMCH INSTITUTE OF HEALTH SCIENCES AND RESEARCH

(A unit of Kovai Medical Center and Hospital Ltd. Coimbatore – 641 014)

I MBBS - FOUNDATION COURSE SCHEDULE – AUGUST 2019

WEEK IV– 19^H AUGUST TO 24TH AUGUST 2019

Day #	Day / Date	8.00 am - 9.00 am	9.00 am - 10.00 am	10.00 am - 11.00 am	11.00 am -12.00 noon	12.00 noon - 1.00 pm	2.00 pm - 3.00 pm	3.00 pm - 4.00 pm
13	19.08.19 Monday	Vital Signs	Briefing for group activities and visits	Group A - Interaction with Patients in the Hospital (KMCH IHSR Hospital) Group B - Interaction with Patients' Family in the Community (Field) Group C - Critical Analysis of Social Media content (LH1)		Reflective Learning – The Virus Movie LH1		
		Dr. Narmada Kuppusamy	Dr. N. Seetharaman	A - General Medicine B - Com Med C - Dr. N Seetharaman		MEU		
Coordinators: Dr. J Tejas; Dr. S Vel Arul								
14	20.08.19 Tuesday	ExpertSpeak - My experiences as a Doctor LH1	National Health Scenario LH1	Group B - Interaction with Patients in the Hospital (KMCH IHSR Hospital) Group C - Interaction with Patients' Family in the Community (Field) Group A - Critical Analysis of Social Media content (LH1)		Self-Directed Learning - Learning one's own way LH1		
		Dr. M C Thirumoorthi	Dr. Shanmugapriya	B - General Medicine C - Com Med A - Dr. N Seetharaman		Dr. MS Umamageswari		
Coordinators: Dr. N Seetharaman; Dr. A Abinaya Sundari								
15	21.08.19 Wednesday	Time Management Tips LH1		Group C - Interaction with Patients in the Hospital (KMCH IHSR Hospital) Group A - Interaction with Patients' Family in the Community (Field) Group B - Critical Analysis of Social Media content (LH1)		Mentor-Mentee system @KMCH LH1		
		Dr. S Bhuvaneshwari		C - General Medicine A - Com Med B - Dr. N Seetharaman		MEU Dr MG Sridhar, Vice Principal, KMCH IHSR		
Coordinators: Dr. Anirudh V Muthalik; Dr.								
16	22.08.19 Thursday	Career Pathways in Medicine LH1	Stress Management Techniques LH1	Role of IT in Health - the Connected Doctor LH1		Addictions – Beware LH1	Heartfulness – Cultivating a Habit LH1	
		Dr. N Seetharaman	Dr. BS Suganya Priyadhardhini	Dr. Karthikeyan		Team Psychiatry	Dr. M Umakanth	
Coordinators: Dr. TM Karthikeyan; Dr. B Dhanalakshmi								
	23.08.19 Friday	Krishna Janmashtami						
17	24.08.19 Saturday	History of Medicine, Alternate Systems of Medicine and the way Forward LH1		White Coat Ceremony LH1		Post-foundation Assessment LH1	Rediscover your passion - formation of co & extra-curricular clubs LH1	
		Dr. N Seetharaman		Dr. MG Sridhar, Vice Principal		Team Com Med		
Coordinators: Dr. M Vijay Anand; Dr. C Anitha								

Group A - Roll 1 to 50
Group B - Roll 51 - 100
Group C - Roll 101 to 150

KMCH INSTITUTE OF HEALTH SCIENCES AND RESEARCH

(A unit of Kovai Medical Center and Hospital Ltd. Coimbatore – 641 014)

I MBBS - FOUNDATION COURSE SCHEDULE – AUGUST 2019

WEEK V – 26TH AUGUST TO 31ST AUGUST 2019

Day #	Day / Date	8.00 am - 9.00 am	9.00 am - 10.00 am	10.00 am - 11.00 am	11.00 am - 12.00 noon	12.00 noon - 1.00 pm	2.00 pm - 3.00 pm	3.00 pm - 4.00 pm
20	26.08.19 Monday							
21	27.08.19 Tuesday							
22	28.08.19 Wednesday							
23	29.08.19 Thursday							
24	30.08.19 Friday							
25	31.08.19 Saturday							

KMCH INSTITUTE OF HEALTH SCIENCES AND RESEARCH

(A unit of Kovai Medical Center and Hospital Ltd. Coimbatore – 641 014)

I MBBS - FOUNDATION COURSE SCHEDULE – AUGUST 2019

Dr. Jeevithan

Nutrition in
Health &
Disease [LH1](#)
Dr. S
Jeevithan

PALLIATIVE CARE

LANGUAGE

COMPUTER

VISIT TO PARA-CLINICAL DEPARTMENTS

VISIT TO CLINICAL DEPARTMENTS

STUDENT COUNSELLOR

QUIZ

OPEN HOUSE

CRITIQUING – HOW TO LEARN FROM MOVIES

REDISCOVER YOUR PASSION - FORMATION OF CO & EXTRA CURRICULAR CLUBS, ANTI RAGGING COMMITTEE